

REACH 4 Ghana Medical Supplies and Donations List, last updated 2/21/2011

(not exhaustive, if you have something not on this list, please inquire about whether we would be able to use it)

- I. First Aid
 - a. First Aid Kits – antibiotic ointment, medical tape, gauze etc.
 - b. Ace wraps and Bandages
 - c. Band-Aids
 - d. Alcohol swabs
 - e. Antifungal and Anti-itch creams
 - f. Antimicrobial hand sanitizer
- II. Examination Materials
 - a. Gloves (exam and sterile)
 - b. Tongue depressors
 - c. Scales (adult and pediatric)
- III. Examination Equipment
 - a. Otoscopes
 - b. Stethoscopes
 - c. Blood pressure cuffs (adult and pediatric)
 - d. Digital thermometers
 - e. Pulse oximeters
- IV. Procedural Equipment
 - a. Sutures
 - b. Syringes and needles
 - c. Forceps, scissors, and hemostats
- V. Therapeutic and Preventative
 - a. Canes and Crutches
 - b. Eyeglasses and Sunglasses
 - c. Toothbrushes and toothpaste
 - d. Dental floss
 - e. Personal hygiene items
 - f. Condoms
- VI. Educational Materials
 - a. Notebooks and legal pads
 - b. Pens and Pencils
 - c. Erasers
- VII. Items for Children (light weight and easy to pack)
 - a. Stickers
 - b. Coloring books
 - c. Crayons, etc.
 - d. Clothing